

Mark's top tips on (re)discovering creativity at work



What's it all about?

Creativity, put simply, is the process of bringing something new into being. It's characterised by the ability to perceive the world in new ways, to find hidden patterns, to make connections between seemingly unrelated things and to generate solutions

Creativity can be learned

Creativity is a real, practical skill which can be taught and which everyone can (re)discover. It's a way of thinking where we look at familiar things with fresh eyes, examine problems with open minds, challenge assumptions and use imagination, rather than knowledge, to explore new possibilities. Often the only difference between creative and uncreative people is self-perception



Our philosophy on creativity...

We couldn't say it better than Edward De Bono, "Creativity is a great motivator because it makes people interested in what they are doing. Creativity gives the possibility of some sort of achievement to everyone. Creativity makes life more fun and interesting."



Who will benefit?

Bringing creativity into the workplace has benefits for customers in terms of product, service or process innovation. For employees it's a great motivator and the perfect way to involve and engage people in building and shaping your organisation's future

as a child. This can help you to find your 'lost creativity'

Everyone has creative potential and creativity can be taught and developed in very practical ways



Mind maps help structure thinking

Mind maps are a great visual thinking tool to help structure information, enabling you to better analyse, comprehend, and generate new ideas. The power lies in their simplicity and the deep questioning process, as we constantly need to ask, 'Where does this lead to?'

Books that will help

Lateral Thinking: A Textbook of Creativity by **Edward de Bono** is *the* classic work about improving creativity from the world-renowned writer and philosopher

Hegarty on Creativity: There are No Rules by John **Hegarty** provides wisdom from the man who has made his career out of creativity and has helped numerous clients grow

How to Mind Map: The Ultimate Thinking Tool That Will Change Your Life by Tony Buzan is a great book by the world-renowned inventor of Mind

Throw out the rule book

keep on learning

When you brainstorm, create and enforce a 'no holds barred' rule where nothing is outside the realm of possibility. Avoid words and phrases like 'but', 'how would we', and 'we can't'. If necessary, designate someone to police those phrases

Go in reverse

tools matter

Reversal is a unique way to generate radical ideas, by looking at the opposite of what you want to happen and then finding a solution to that opposite. If you want to improve the way customer calls are answered, for example, you ask, 'What could we do to reduce the quality of these calls?' Then you think of opposing ideas that would mprove the quality of the calls

If it's good enough for Disney!

and can generate ideas to spark new thoughts and processes

What questions can you ask yourself that will encourage you to see 'the situation' from the viewpoints of dreamer, realist and critic? This is how Disney come up with all their ideas and create characters, rides, and plan for upcoming events, launches and meetings



De Bono's 'Six Thinking Hats' is a brilliant tool to help people become more productive, focused and mindfully involved. The technique separates thinking into six functions or roles. By mentally wearing and switching 'hats' you can easily focus and redirect thoughts or a conversation. The green 'hat' is for creative thinking

Six hats to help



Visit these websites:

https://imindmap.com - mind-mapping, brainstorming and project planning software for download

www.edwdebono.com - insights and tips from the father of lateral thinking

 $\textbf{www.creativitypost.com} \ - \ a \ \text{non-profit} \ web \ platform$ committed to sharing the very best content on creativity

That's a good idea

Keep the ideas flowing and remember this is about idea generation; there's never any criticism or evaluation. Have fun brainstorming to generate as many ideas as possible. from solidly practical ones to wildly impractical ones. Encourage everyone to develop other people's ideas to create new ones and see where they lead

Prepare the ground

Rambu-tips

creativity at work

on (re)discovering

Creativity requires focus; give yourself the time and space

to get completely absorbed in the zone of creativity and

inspiration. Most of us have forgotten how to be creative

so a good starting point is remembering how you played



To get the most from brainstorming, it's best to have someone take the lead by clarifying the issue to be discussed and to ensure everyone has a voice. They should keep the session focused on the issue or problem and allow ideas to develop naturally





Or give us a shout:

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